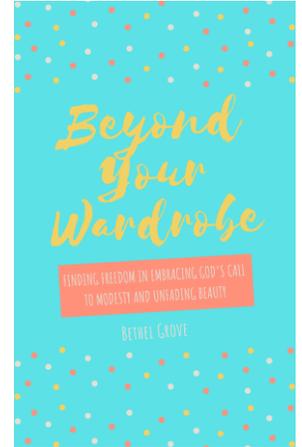


***Beyond Your Wardrobe: Finding Freedom in Embracing God's Call to Modesty and Unfading Beauty* by Bethel Grove**

Doesn't the word "modesty" make some women want to cringe? Does this word put images in your head of a woman wearing dresses from a hundred years ago, never going on a date? Do you have memories of strict rules or dress codes that drive you crazy? Then maybe you've had some of the following thoughts run through your head. "I don't want to wear clothes that are out of style!" "Modesty is so out of date." "I should be able to dress however I want; it's my body." Maybe, the opposite is true for you. You've always wanted to dress modestly, but you have a hard time standing strong in your convictions when the world tries to sell you so many lies about modesty and beauty. You wished everyone valued modesty as you do, but no one around you seems to value your standards for fashion. Either way, we all feel weighed down by a standard it seems no one can keep.



"The reason this topic causes so much frustration," Bethel says, "is because there is a fundamental misunderstanding of what modesty is all about, both by the world at large and within conservative Christian traditions. When you take the opportunity to understand what this concept means, it becomes much less intimidating and more palatable to a generation that needs to hear it."

In the book, *Beyond Your Wardrobe*, you will learn that modesty is about so much more than the clothes we wear or keeping a bunch of rules. Instead, modesty is an attitude that once you learn to adapt it will lead to a life of freedom in Christ. This begins when we choose to recognize that much of what we believe about modesty and physical beauty are lies that we must reject, least we remain in bondage to them. Then we lay the foundation for learning the truth about this incredible character trait through the lens of God's word. Breaking down many key Scriptures into our current cultural context, it becomes clear that when we embrace our identity in Christ, we will naturally desire to dress modestly, not out of obligation, but out of gratitude for what He has done for us.

This book discusses a wide variety of topics within the ideals of biblical modesty, including the topic of male modesty. "Although most people don't think about it," Bethel says, "men have just as much of a responsibility to show modesty in their dress and behavior as women. I felt that the conversation needed to be started to begin to develop an awareness of this topic's importance."

Bethel firmly believes that when both men and women begin to look at themselves the way that God does, they will learn how to adapt their wardrobe to be appropriate for every situation, humbling learning to bring the attention away from themselves and back to the Lord. When they do, their perspective on modesty and clothes will never be the same.

To learn more, go to <https://www.princessworthdyingfor.com/beyondyourwardrobebook.html>

Meet Bethel Grove



Bethel is a self-published Christian author, spoken word artist, and founder of Princess Worth Dying For Ministries. She loves to use these platforms to share the truth of the gospel, especially to the next generation, and to promote other authors and influencers who do the same. She's 30 years old and lives in the Land of Lincoln. A few phrases she uses to describe herself: Analytical, logical, young at heart, passionately devoted, tender-hearted, and creatively-minded. She loves reading and writing, watching Disney Princess movies, and wearing the color red.

Growing up as a pastor's kid, she developed a love for Jesus and God's word at a young age. She graduated from Ozark Christian College in 2014 with a Bachelor of Music and Worship. In addition to music ministry training, she was also trained in biblical exegesis, which gives her the ability to study biblical passages to discern the author's intended meaning. This ability has led her to conduct biblical studies on a variety of topics, including modesty, forgiveness, and stories from the life of Jesus. She now volunteers with teen girls and local youth groups with the desire to someday devote her career to youth ministry.

She started her YouTube channel in 2008, which for several years was used to make videos that reflected her past hobbies. By around 2016, she began to devote most of her videos to making videos that shared the truth of the gospel and the struggles of living the Christian life through a medium called spoken word poetry.

She started her blog in 2014, hoping to use her love of writing to share her experiences and perspectives with her friends. But not long after she began her blogging journey, she started to become involved with book launching and book blogging. It eventually became the majority of her work on her site.

At the beginning of 2018, she took her YouTube channel and her blog and united her work under the name "Princess Worth Dying For". This name, also the title of her first spoken word poem, reflects her understanding of the way God sees her.

After having gone through a long season of difficult losses and changes in her life, she felt that God was calling her to take up the call to do something she once thought was only a dream: writing her first book. When she finally decided to take up this call, she wrote the book *Beyond Your Wardrobe* in less than a month. She took on the challenge of self-publishing to share the message that God laid on her heart. She believes that God will use this book to reach the people of this generation that need to hear these truths about modesty and unfading beauty for themselves. This journey eventually led her to once again rebrand her work online under the name "Princess Worth Dying For Ministries".

To learn more about her work, check her site: <https://www.princessworthdyingfor.com>
Find her on social media under the name @princessworthdyingfor (@princesswd4 on Twitter)

Suggested Blog Post or Speaking Topics for Bethel Grove

1. Lies We Believe About Modesty and Physical Beauty
2. How to Avoid Becoming a Proverbs 7 Woman
3. How to Be Appropriately Adorned (1 Timothy 2:9-10)
4. It's What's Inside that Counts (1 Peter 3:3-4)
5. How to Stop Judging a Book by Its Cover (1 Samuel 16:7)
6. How Jesus' Death Should Impact How We Dress (1 Corinthians 6:19-20)
7. Clothed in Virtue: 10 Virtues that Should Adorn Us
8. Appropriate to the Occasion: 5 Questions to Ask Yourself When You Get Dressed
9. Should A Christian Girl Wear _____: 5 Clothing Items Christians Want to Wear
10. Modesty and Legalism: A New Perspective on the Conservative Christian View of Modesty
11. Redefining Modesty: Getting Back to the Original Dictionary and Biblical Meaning
12. A Call to Male Modesty: A Female's Perspective on the Need for Male Modesty

Suggested Interview Questions

1. Tell us the story of how you were inspired to write this book.
2. You chose to self-publish your book instead of seeking out a traditional publisher. Why did you choose to do this? What do you have to do differently than authors to get a book contract?
3. You begin your book by discussing lies that women believe about physical beauty and modesty. What are some of the lies that women buy into? Why is this important to our understanding of modesty?
4. Why has our culture come to reject the concept of modesty?
5. How important is a parent's role in helping their teenage daughters learn modesty?
6. How has the church contributed to our misunderstanding of modesty?
7. In the book, you break down several Scriptures that are both, directly and indirectly, relevant to the topic of modesty. If there is so much the Scripture teaches about it, why don't more Christians understand it?
8. You use the phrase "appropriate to the occasion" to describe one of the overarching themes of the passages that discuss modesty in the Scripture. What does this phrase mean and how does it apply to the way we wear?
9. Your book tells readers that the key to embracing biblical modesty is realizing the extent of the sacrifice Jesus made for us. Can you explain why that is?
10. You spent some time in your book speaking to Christian women who were raised to see modesty through a legalistic view. Why do you think it's important to address this group?
11. Although you give fashion tips, you don't ever give a true list of do's and do not's in the book. What do you do instead of giving girls a list of rules?
12. You address the issues of wearing bikinis. Why do you think that it is unwise to wear a bikini?
13. You spend time addressing the topic of male modesty. There is even an appendix devoted to the subject. Why is it important for men to learn modesty? Why did you choose to discuss it?